

PRO-D DAY CAMP

PARENT INFORMATION



WELCOME

Please read our short parent information document to ensure your child and you have a fantastic camp experience here at ATTACK SPORTS.

If you have any questions, concerns or comments, please contact us at any time.

Sincerely,

Camp Director
(403) 863-2016

PARTICIPANT INFORMATION

ATTACK SPORTS will not accept any participant into our facility and/or camps unless all information and waiver forms are completed.

Information on our registration form must be accurate and provided during initial sign-up. If you are participating in the camp, the information must be provided for each camper participating.

WAIVER FORMS

All participants at ATTACK SPORTS require a waiver (including COVID waiver) to utilize the facility and participate in any of our programs. Please ensure that our waiver form is filled out for each participant that is registered in camp before you arrive. The waiver is easily completed online and can be found on our website. This makes your check-in quick and easy, which enables your athlete to participate almost immediately.

Without a waiver, campers will not be able to participate in their registered program. If your child has previously attended a camp, class or session at ATTACK SPORTS, you do not need to complete the waiver.

CAMP CHECKLIST

A reminder as to what each participant is required to bring to camp will be sent out in our reminder email.

Please bring the following:

- Indoor running shoes
- Mask
- Water bottle
- Comfortable clothes to be active in
- Packed healthy lunch
- Sunscreen and Hat (just in case we go outside)
- Any necessary medications

LUNCH and SNACK(S)

Please be aware that we are a **NUT-FREE FACILITY** and we ask that you do not send anything containing nuts. We cannot guarantee that there will be no exposure to nut products while at camp. Throughout the day, participants will have time to eat 2 snacks, one in the morning and one after lunch. Also, if your participant has a healthy appetite, please send additional snacks.

We have a no sharing policy. Siblings are permitted to share between each other; however, our staff will not allow the sharing of any food between others.

PRO-D DAY CAMP

PARENT INFORMATION



SIGN-IN and SIGN OUT PROCEDURES

Parents must sign participants in and out of camp every day at the front door at ATTACK SPORTS. At sign-in, you will be asked to provide the name of the parent or guardian who will be signing out your child(ren) at the end of each day. Please provide all possible names. Approved guardians will be asked to provide ID at the time of pick-up.

Participants will not be permitted to go home with anyone who cannot provide ID and/or whose name is not approved by the drop-off guardian. Participants are not allowed to sign themselves in or out without written consent from their parents. Consent must include the following:

- How the participant will be getting home;
- The time that they can sign out, and;
- Release ATTACK SPORTS of all responsibility for your child(ren).

For sign-out, we would suggest that parents plan for 10-15 minutes. This is a time for our camp counselors and instructors to get to know the parents and share their child's accomplishments and experience at camp.

Upon drop-off, we will be taking temperatures of all participants entering our facility. We will also have a couple of questions about symptoms to ask prior to entry.

Please note, if a participant has a temperature of 38 degrees or higher, this is indicative of fever and they will be asked to return home. Participants that answer yes to any of the COVID-19 screening question(s) will also be asked to return home.

START TIME

- Camp starts promptly at 9:00am
- Sign-in begins at 8:50am

PLEASE NOTE: 8:50am is the earliest possible time for drop-off as there is not staff available for supervision prior to this time.

EARLY PICK-UP POLICY

In the event that a participant needs to leave camp early, families can inform the camp counsellor or a member of the camp administration team in the morning when dropping off their camper or by contacting the camp administration team at 403-863-2016.

Pick-up will occur at the garage door of ATTACK SPORTS at the designated pick-up time. The camp counsellor or administrative team member will bring your participant to the garage door for pick-up. You will be required to sign your participant out at the time of pick-up.

FINISH TIME

- Regular sign-out will begin at 3:15pm and run until 3:30pm;

LATE PICK-UP POLICY

Except for extenuating circumstances, the following rules apply when participants are picked up later than 3:30pm;

- If the parent or guardian arrives after 3:30pm, a \$20 charge will be applied for every 15 minutes;

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PARENT INFORMATION



ATTACK SPORTS STAFF

All ATTACK SPORTS camp counselors are 17 years of age or older with Standard First Aid/CPR-C certified. Each camp counselor is required to complete a Criminal Record Check with Vulnerable Sector Search. Counselors are placed in camps based on their skill and knowledge of the camp theme.

Additionally, we will have our ATTACK SPORTS staff on-site throughout the day. Participants will be supervised at all times.

MEDICATIONS and EPI-PENS

If your participant requires any medications during camp, please bring the medications in the original packaging (if possible) with written instructions for when and how the medication must be taken. Please write the participant's name on a plastic bag with the medication and instructions inside.

PLEASE NOTE: participants must be able to administer medications themselves; our staff will not administer any medications. Epi-pens and inhalers will be kept with camp counselors. All other medications will be kept with our camp administrative staff.

BEHAVIOUR EXPECTATIONS

All participants and families are expected to conduct themselves in a mature, respectful and cooperative manner while attending an ATTACK SPORTS program and/or camp. Participants are responsible for their own behaviour and conduct. If inappropriate behaviour occurs, our counselors will strive to resolve these issues. There may be instances where a participant is asked to sit out from an activity until the behaviour ceases. If the behaviour continues: an incident report will be completed by our camp counselors and our camp supervisor may contact parents to assist in correcting the behaviours.

Inappropriate behaviour includes:

- Actions or behaviours resulting in an increased risk to self or others
- Threats, bullying, harassment, intimidation, abuse or fighting
- Being under the influence or in the possession of drugs or alcohol
- Vandalizing or abusing camp equipment
- Possession or use of tobacco or tobacco products
- Disregarding Attack Sports rules and policies
- Possession of a weapon or harmful objects (knives, lighters, matches, etc.)

Please contact the ATTACK SPORTS administrative team immediately if a participant reports an experience of any form of harassment or discrimination during the course of the camp activities. It is very difficult for our ATTACK SPORTS staff to deal with inappropriate behaviours if it is not reported immediately. Behaviour that is deemed unacceptable will result in expulsion from camp.

No refunds and/or credits be given if a participant is removed from camp due to inappropriate behaviour.

PRO-D DAY CAMP

PARENT INFORMATION



REFUND POLICY

At ATTACK SPORTS, we understand that injuries, conflicts, change in plans and aspects of life that are out of control occur. Cancellations of Pro-D Day Camps must be received and confirmed by ATTACK SPORTS 30 days prior to the start of the registered camp/program (minus 20% of your registration for our administration fee). There will be no refunds and/or credits given to cancellations after 30 days prior to the start of the registered program. Certain camps, programs and/or are noted as non-refundable.

If your child is asked to leave the camp due to a behavioural issue(s) or positive COVID test there will be no refunds and/or credits provided.

TRANSFER POLICY

To transfer or change the registration of a camper from one camp to another, ATTACK SPORTS must receive the request in writing at least 30 days prior to the camp commencement date. Any transfer to another camp is subject to availability of space in that camp and any difference in fees.

ATHLETIC ATTIRE

As outlined in what to bring to camp, please be aware that participants are required to have clothing for activity. Depending on the camp, there is the possibility of part of the camp occurring outside. Different clothing may be required and different shoes are required.

CANCELLATION POLICY

ATTACK SPORTS reserves the right to the following:

- Cancellation of camp
- Postponement of camp
- Combination of ATTACK SPORTS camps or activities
- Limitation of registrations
- Alterations of camp content
- Change of instructors, leaders, dates and/or times

Participants will be notified of camp changes by email prior to the start date.

ABSENCES

It is the responsibility of all families to contact ATTACK SPORTS to inform a member of the camp administrative team if a participant will be absent. If ATTACK SPORTS has not been contacted prior to 9:00am on the day the participant is absent, our administrative team will follow-up with the participant's family.

INCLUSION

At ATTACK SPORTS, we strive to be an inclusive environment for all participants. Please contact us if your participant requires accommodations or special considerations to ensure their full participation. If you have any questions or concerns about their medical or behavioural needs, please contact upon or prior to registration.